

You are booked in for a routine coil fit/coil change.

Please read the information below before your appointment.

If there is a chance that you are pregnant at the time of the coil fitting, we will not be able to proceed.

To avoid this inconvenience its therefore important that:

1) For coil fits:

EITHER

You must already be using a reliable contraceptive method such depo injections/implant/pill (not condoms) reliably right up until the appointment for the coil fit.

OR

If you are using condoms or not using any other contraception, or if any contraception being used will be past its expiry date at the appointment, the fitting must be booked in the first 2 weeks after the expected / actual start of a normal period, and you must abstain from sexual intercourse between the period and coil fit appointment.

2) For coil changes:

If the coil is within its expiry date at the time of your appointment, you must abstain from sexual intercourse in the week before the coil change appointment (this is to avoid the risk of pregnancy if the new coil is unable to be re-fitted)

If the coil will be past its expiry date at the time of the appointment then the rule for coil fitting 1) applies. If however, you have a hormone releasing coil (Mirena or Jaydess) past expiry date and are not having periods and are sure you are not pregnant, then abstain from sexual intercourse for two weeks before the coil change appointment.